

Workshop in Austin, Texas



GABRIELE RICO

Writing the Natural Way

JUNE 19–24, 2005

Omega at The Crossings, Austin, Texas

Course 05005-838 • Tuition \$345 • Accommodations fees additional/Commuter options available

This workshop is for anyone who can put pen to paper, regardless of writing experience. It gives us the skills to make writing as natural as telling a story to a friend, as fluid as daydreaming.

It introduces a brainstorming technique called “clustering,” developed by Gabriele Rico, that allows us to bypass the dominant left brain to allow the right brain the freedom to play, improvise, and discover what’s there before beginning to write.

Rico guides us through group discussion, sharing, slide presentations, stories, lecture, and many other writing approaches, including:

- shifting thoughts from random associations to a sense of direction;
- using images that evoke visual, tactile, auditory, and gustatory memory patterns;
- using metaphor and moving beyond literal thinking; and
- feeling the music and rhythm of words and the push and pull of opposites in creative tension.

Please note: Recommended reading: Rico, *Pain and Possibility* or *Creating Re-Creations: Inspiration From the Source*. Please bring a photograph, colored felt tip pens, and a bound notebook.

OMEGA AT THE CROSSINGS

is a progressive learning center and wellness spa offering workshops, trainings, and retreats led by world-renowned teachers, authors, and creative thinkers. Located just outside Austin in the Texas Hill Country, the center provides an exquisite setting for learning and personal growth.

Easy Registration: 877.944.3003 or omegacrossings.com